

Precautions After Conscious Sedation



Please remove the band applied after treatment in the evening. Do not rub the area, as this may cause bruising.



You may drink water and eat after 2 hours.



Mild fever, nausea, or dizziness may occur. These are **normal reactions**.

Because of these symptoms, there is a risk of accidents on the same day—please use **public transportation** instead of driving.



Smoking and alcohol are strictly prohibited on the day of sedation.



Allow your body time to recover from the anesthesia. Rest and sleep as needed, and avoid going out or strenuous activity.

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