



# Precautions Before Conscious Sedation & Consent Form

## Fasting

- Fasting is essential before conscious sedation.
- Please refrain from **all foods and drinks (including water, candy, and gum)** for at least **6 hours prior** to the procedure.

## Transportation

- **Do not drive any vehicles** on the day of your procedure.
- Please arrange for a **guardian or family member** to accompany you.
- We recommend using **public transportation**.

## Nail Art

- Nail polish or artificial nails can interfere with oxygen monitoring.
- Please remove nail polish or nail art from **at least one finger** before visiting the clinic.

## Clothing

- Avoid wearing **tight-sleeved clothing**, as it may restrict IV placement or fluid flow.
- Please wear **comfortable, loose-fitting clothes**.

## Medical History & Medications

- Inform us in advance of any illnesses or medications you are taking (e.g., hormones, antidepressants, sleeping pills, aspirin).
- Sedation is determined after carefully evaluating both your **physical and mental health condition**.





# Precautions Before Conscious Sedation & Consent Form

## On the Day of Your Visit

- If you are feeling unwell, treatment may not be possible. Please contact us in advance.
- In rare cases, some patients may not fall asleep due to individual differences. **Please note that the treatment fee cannot be refunded in this situation.**
- The procedure may need to be stopped if there is an allergic reaction to the medication or a medical emergency.
- Because of the sedation, you may not recall the procedure afterward.

## Recovery

- After sedation, you will rest in the **recovery room for 30–60 minutes** under monitoring.
- You may only go home once your condition has been confirmed as stable.

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Name (Patient): \_\_\_\_\_

Signature: \_\_\_\_\_

