



Precautions after RCT

(Tooth-Saving Root Canal Treatment)



Treatment Process

- Root canal treatment is **not a one-time procedure**.
- It usually requires **3–4 visits**, though the number of sessions may vary depending on the condition of the tooth.



Eating After Treatment

- The temporary filling material takes about **1 hour to harden**.
- Please eat **only after the filling has set**.
- If the temporary filling or medication comes out, there is a risk of infection—**contact the clinic immediately**.



Pain & Discomfort

- Some pain or discomfort during and after RCT is **normal**.
- However, if pain persists continuously after nerve treatment and does not improve, **re-treatment (re-RCT) or extraction** may be required.



Tooth Fragility

- Teeth that undergo RCT become **more brittle** and are at a higher risk of cracking.
- To protect the treated tooth, try to **chew on the opposite side** until further restoration is completed.



Final Restoration

- After completing RCT, it is necessary to place a **crown** on the tooth to restore strength and preserve function.
- If you experience any additional symptoms after treatment, please visit the clinic for further evaluation.

